

# Leaf Spa - Treatment List

## Just Be Experiences

Full Body Massage - 50 minutes / £85 - A Tailored Full Body Massage

Relaxing Back Massage - 25 minutes / £55 - Back, Neck and Shoulder Massage

Tranquillity Scalp Massage - 25 minutes / £55 - Neck, Scalp and Face Massage

Hot Stone Full Body Massage- 60 minutes / £93 - Volcanic Hot Stone Massage

Hot Stone Back Massage - 30 minutes / £63 - Focusing on Back, Neck and Shoulders

Tropical Bliss Lomi Lomi - 50 minutes / £85 – Hawaiian Wave Full Body Massage

Cancer Wellbeing Massage - 50 minutes / £85 – For those living with Cancer or beyond

Reflexology - 50 minutes / £85 - Applying pressure to the feet for many different benefits

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## Temple Spa - Facial Collection

My Kinda Skin - 30 minutes / £63 - Express Facial

My Kinda Skin - 60 minutes / £90 - Bespoke Prescription Facial

Go Guy - 60 minutes / £90 - The Male Executive Treatment

Repose - 75 minutes / £105 – Relaxing and Indulgent Facial

Champagne and Truffles Deluxe Facial – 60/90 minutes / £100/£120 - Ultimate Facial

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## Temple Spa - Signature Collection

Refresh Ritual - 60 minutes / £90 - Foot and Leg Brush, Exfoliation with a Back Massage

Restore Ritual - 60 minutes / £90 - Back Massage followed by a Power Breakfast Facial

Renew Ritual - 60 minutes / £90 – Full Body Exfoliation and Scalp Massage

Recharge Ritual - 60 minutes / £90 – Facial for the Back with Scalp Massage

New Beginnings - 75 minutes / £105 – Pregnancy Massage (over 12 weeks) inc Express Facial

My Kinda Mood - 120 minutes / £155 - A Prescriptive Facial and Full Body Massage

Work it Out Back Massage - 30 minutes / £63 – Deep Tissue Back Massage

Work it Out Massage – 60 minutes / £93 – Deep Tissue Full Body Massage

Work it Out Massage – 90 minutes / £125 - Deep Tissue Full Body Massage inc Scalp Massage

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## Temple Spa - Body Treatments

Dry Flotation - 25 minutes / £35 - Weightlessness Dry Float

Outer Glow- 45 minutes / £65 - Face and Body Exfoliation

Aaahhh -30 minute /£63 – Leg/Foot Exfoliation and Massage

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Subject to availability, terms and conditions apply, please visit our website for more information and how to book.

Prices from 1<sup>st</sup> July 2024

