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# Spa Treatments

AT SPA 6



DE VERE

COTSWOLD WATER PARK





# Massage and body treatments

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## BREATHE EASY MASSAGE

**20 minutes - £55**

Breathe and relax. This back, neck and shoulder massage is so soothing and calming you may even drift off. Inhale and exhale with your personalised massage.

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## LIGHTER LEGS

**25 minutes - £60**

A time to revitalise your legs with our deeply nourishing leg and foot refresh. Your skin will feel awake after this refreshing treatment. Followed by a foot and leg massage.

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## TRANQUILLITY SCALP MASSAGE

**25 minutes - £60**

This unique massage focuses on relieving accumulated tension in the neck, scalp and face using unique pressure points over the area.



## RELAXING BACK MASSAGE

**25 minutes - £60**

A relaxing and intense release from stress, this back, neck and shoulder massage works to relieve tired muscles, while oils revive and stimulate your senses. Perfect to unwind and ease tension.

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## DRIFT AWAY BACK MASSAGE

**25 minutes - £65**

Mediterranean essential oils like frankincense, lavender and patchouli are used to make you completely relax. This back, neck and shoulder massage is so soothing and calming you may even drift off...

TEMPLE SPA TREATMENT



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## HOT STONE BACK MASSAGE

**25 minutes - £65**

A deeply relaxing, warming and soothing massage. Dissolve tension in the back, neck and shoulder area with our oils to help you relax and de-stress.

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## I'LL BE BACK

**35 minutes - £75**

This invigorating treat for the back includes an exfoliation scrub, a deep cleanse with warm purifying mud, followed by a stimulating massage.

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## ULTIMATE BODY MASSAGE

**50 minutes - £90**

Soothe and ease tension with this intricate combination of massage, acupressure and oils. We focus on tension points to leave your entire body feeling completely pampered. Lie back and relax as your cares are soothed away.

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## TROPICAL BLISS LOMI LOMI MASSAGE

**50 minutes - £90**

Allow us to sweep you away to a place of pure bliss. We use a combination of massage techniques to restore energy and soothe the body. Working gently, yet deeply into the muscles with continuous flowing strokes.

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## RELAXING FACE AND BODY

**50 minutes - £90**

Relax and restore with our gentle back exfoliation and massage followed by a personalised facial. Melt away tension and leave your skin feeling radiant.

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## REVITALISING RITUAL

**50 minutes - £90**

Revive and refresh with a full body exfoliation followed by a back massage to soothe tension and leave you feeling revitalised.



## REBALANCING RITUAL

**50 minutes - £90**

Rebalance and soothe your peace of mind with our perfectly combined tranquillity scalp massage and soothing foot and leg massage.

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## DRIFT AWAY FULL BODY MASSAGE

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**50 minutes - £95**

This deeply relaxing top-to-toe massage formulated with a dreamy blend of Mediterranean essential oils is guaranteed to have you drifting away. The perfect treatment to soothe and calm frazzled nerves and wind down an active mind. Tension and stress simply melt away...

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## HOT STONE BODY MASSAGE

**50 minutes - £95**

A warming and soothing experience, this is the most blissful way to sooth the body and mind. Your personalised sensory journey relies on our therapist's intuitive touch in harmony with heat releasing stones.



## OUTER GLOW

**50 minutes - £95**

The ultimate 'top to toe' buffing and polishing treat. Using the unique SUGAR BUFF we exfoliate and polish your body but also gently buff away any dead skin cells on the face using the BREAKFAST SMOOTHIE. This invigorating and refreshing all over exfoliation treatment leaves the skin soft, revitalised and hydrated.

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## OFF YOU GLOW

**80 minutes - £125**

An invigorating and refreshing all over exfoliation treatment that will leave your skin soft from top to toe. Followed by a bespoke relaxing body massage to focus on any areas of concern.





## YOUR BEST YOU MASSAGE

**50 minutes - £95**

**80 minutes - £135**

This unique top-to-toe 50 minute treatment is ideally suited for women dealing with peri menopausal symptoms, no matter the stage you're at.

Choose from warm or cool, this gentle, caring massage uses a combination of expert therapist hands and Himalayan salt stones with TEMPLESPA nurturing skincare.

These healing stones produce negative ions to support stress relief, increase energy, and positively boost your mood.

Upgrade your treatment to 80 minutes to include a lifting facial massage, hot oil scalp massage and application of our award-winning Truffle TEMPLESPA products.

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# Facials

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## TIME PRECIOUS FACIAL

**20 minutes - £55**

A deep power cleanse and scrub followed by our signature lymph drainage facial massage, good for quick results.

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## DISCOVERY FACIAL

**25 minutes - £60**

Achieve an instant radiance boost as we hydrate and nourish your skin. A double cleanse, hydrating serum and radiant treatment oil are combined with a unique facial massage. An effective rescue remedy if you desire fresh and radiant skin.

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## WINDOWS OF THE SOUL

**40 minutes - £75**

This results driven eye treatment is designed to deliver speedy results for tired, dull and puffy eyes. A pressure point eye massage lifts, firms and smooths the eyes. A lightweight anti-ageing cream hydrates reducing puffiness and treating dark circles.

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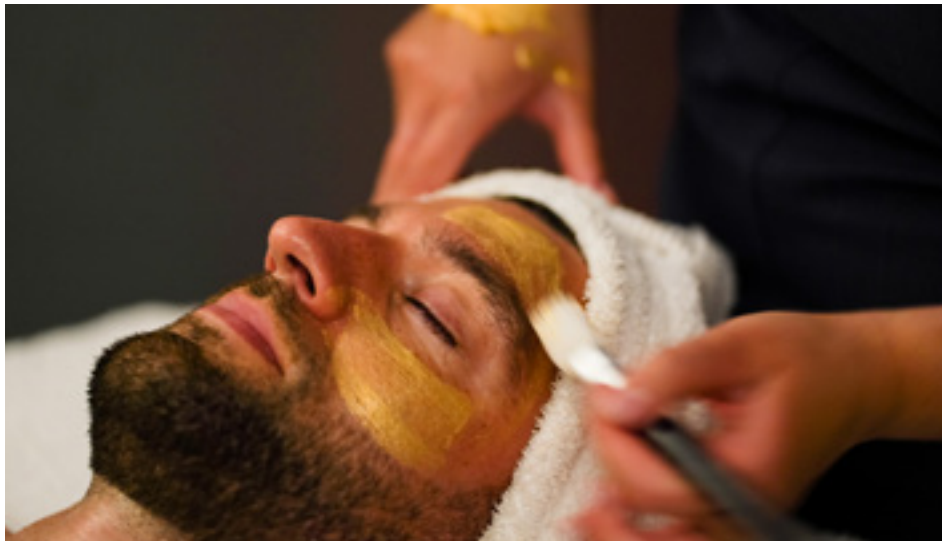
## REPOSE

**65 minutes - £110**

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This indulgent aromatherapy facial is infused with a Mediterranean blend of 40 essential oils which will soothe, calm and hydrate the skin whilst relaxing the mind and body, allowing you to switch off and recharge. This treatment includes deep cleansing, skin exfoliation and a bespoke face mask. Ending with a relaxing face, eye and scalp massage followed by a hand and arm massage. Pure indulgence.





# Signature Deluxe Treatments

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## CHAMPAGNE AND TRUFFLES

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**80 minutes - £120**

This super luxe facial includes an anti-ageing lifting and sculpting facial massage, resurfacing peel, warm stone shoulder and neck massage, and finished with a hydrating and brightening alginate mask. The visible results iron-out deep lines and wrinkles, reducing puffiness and promoting a youthful radiance and healthy glow.

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## MY 'KINDA' MOOD

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**110 minutes - £150**

Escape with this wonderfully, relaxing and restorative drift away full body massage followed by an indulgent prescriptive facial. You'll be looking, feeling and smelling 'oh so good'.

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## IT'S ABOUT TIME

**80 minutes - £115 / 110 minutes - £160**

This is the ultimate treatment of choice for the face, body, and mind. We will create a bespoke collection of therapies to meet your specific needs. Treatments include:

Welcome foot ritual, aromatherapy massage, personalised facial and tranquillity scalp massage.



# Pregnancy treatments

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## BABY ON BOARD

**50 minutes - £90**

A deeply relaxing pre-natal massage designed to ease areas of tension such as lower back, neck and shoulders. Let our highly trained therapists treat you to a truly nurturing experience. (12 weeks and over only)

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## BABY ON BOARD DELUXE

**80 minutes - £120**

Prepare for motherhood with our deluxe treatment which includes a massage on specific chosen areas. This blissful face and body treatment helps reduce water retention giving you the pure R&R that you deserve, whilst enhancing your beautiful pregnancy glow. (12 weeks and over only)





## Opi treatments

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OPI MANICURE  
OR PEDICURE  
**40 minutes - £60**

File, cuticle work, moisturise and polish.

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OPI GEL MANICURE  
OR PEDICURE  
**40 minutes - £65**

OPI gel nails are the latest in soft gel technology. They are applied like a polish and soak off quickly, causing no damage to the natural nail. Gel nails do not smudge and dry flawlessly in minutes.





# Spa experiences

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## DRY FLOTATION

**25 minutes - £50**

Complete relaxation for the body and mind. For the ultimate state of tranquillity it's hard to beat the Spa6 Dry Flotation experience. Delight in the sensation of complete weightlessness in the warm water of our flotation tank, protected and supported by soft, waterproof layers. This natural state of complete relaxation significantly enhances physical and mental health and well-being. Just 25 minutes of sleep on our dry flotation bed is worth three to four hours of catch up sleep.

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## RASUL RITUAL (FOR TWO PEOPLE)

**45 minutes - £95**

Detoxify and soften your skin using this ancient Arabic tradition which has been used for centuries. Enjoyed best with a partner or a friend we supply deep cleansing mud for you to smother all over your skin, then sit back and relax while steam allows the minerals to be absorbed. A refreshing shower completes the treatment and leaves the whole body glowing. This is a self application treatment.

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## RASUL SCRUB & RUB JOURNEY (FOR TWO PEOPLE)

**45 minutes - £100**

Create your own personalised Rasul journey to suit your mood and satisfy your senses. Choose a scrub for shakedown, then enjoy the ancient Arabic Rasul ritual tradition. This is a self application treatment.



## OVERNIGHT SPA PACKAGES ARE AVAILABLE

We can discuss your requirements and tailor-make a package for you.

Call **01285 864000** or email **[waterpark.reservations@devere.com](mailto:waterpark.reservations@devere.com)**