





# Escape and Recharge...

Spa6 is just the place to escape and recharge. Time spent at Spa6 is truly time well spent. Amongst the luxurious surroundings, you will find new and innovative ways to enhance and energise your body and mind.

The state-of-the-art gym offers a full range of technogym equipment including treadmills, skill rows, cross-trainers, skill bike and a comprehensive resistance section with a free weight training area and highly acclaimed vibration training unit. Our gym is designed to help in any lifestyle and fitness goals.

Once you have worked out the stresses of the day, make your way down for a dip in the 11m x 7m pool with hydro elements, a revitalising sauna or some time in the scented steam room. The crushed ice fountain will cool you down if you need it.

Our changing rooms have recently been refurbished bringing them up to modern standards with slate grey tiles to match the aesthetic wood lockers.

Don't forget to make use of our running trails, cycling paths and walking routes and take in the exquisite scenery.

# Member's Benefits

- An induction which includes a tour of the facilities and assistance on how to use the equipment
- Welcome Hamper that includes a gym bag, towel, water bottle and locker token
- Guest passes available at £15 per pass. This will need to be pre-booked.
- 20% discount on food & beverage from The Old Boathouse, Lounge Bar and Brasserie Restaurant\*
- 20% discount on Spa6 treatments (Monday Thursday)
- 10% discount on private events\*\*
- Overnight stay for 2 in a standard room with breakfast, subject to availability and after 9 months of membership
- State-of-the-art technogym gymnasium
- Complimentary initial health consultation
- 11m x 7m hydrotherapy pool
- Sauna
- Steam room
- Crushed ice fountain
- Free parking
- Free WiFi

<sup>\*</sup>excluding promotions & events

<sup>\*\*</sup>terms & conditions apply. This promotion cannot be used in conjunction with any other promotion.

# Looking after our Members

- We are passionate about good customer service
- Our friendly catering and bar staff will look after you
- Our hardworking team maintain the equipment and keep things clean and tidy
- Regular updates on the Spa6 Facebook & Instagram pages

# Membership Information

The membership will be available on a 12 month direct debit at £85.00 per month with a joining fee of £60.00.

#### **OPENING HOURS**

Spa6 is open 7 days a week from 7am until 9pm. This will be on pre-bookable time slots that we aim to offer 1 week prior online.

Gym: 5:00am - 9:00pm

Pool: 7:00am - 8:30pm (last entry 7:30pm)

Please note that these hours may change according to our terms & conditions.





A DESTINATION FOR HEALTH AND WELLNESS

## Membership Application Form

First Member	Second Member						
Title First Name	Title First Name						
Surname	Surname						
Date of Birth	Date of Birth						
Address	Address						
	Post of						
Tel No.	Postcode Tel No						
Email	Email						
Type of annual membership:	Corporate Other						
How did you hear about our membership?							
☐ Word of mouth ☐ Advertisement ☐ Facebo	ook 🗌 Instagram 🗌 Website 🔲 Other						
Marketing Consent:  The Spa & Leisure Club "Spa6" would on occasion like to sence club. We may also use the information that we hold about your promise to always treat your data with respect, and to never your rights, choices and how we use and store your data in on Please tick the boxes below to tell us the ways you would prefer lid like to receive communications by email  I'd like to receive communications by phone  I would prefer not to receive communications  You can change your mind at any time by emailing waterpart	ou to try to predict what you might be interested in. We share it with third parties. You can find out more details about ur privacy policy on our website. efer to hear from us:						
Membership Payment Details							
Joining Fee £ Monthly Fee £	Total Amount Paid £						
Payment Method: Cheque Visa Mastercard	Amex Maestro Direct Debit						
Joining and annual fees may be paid by any of the above payment methods. If you wish to pay by debit or credit card, please arrange to visit the club to make payment. Monthly fees can only be paid by direct debit.							
Terms & Conditions							
I wish to become a member of Leisure Club De Vere Cotswold Water Park and agree to abide by the rules and							
maintain all the conditions of the leisure club during the period of membership.							
Signature							
Office Use Only:							
Membership Type Memb							
Club Representative Name Date							



#### Membership Terms and Conditions

#### 1. The Club

- 1.1 The Leisure Club De Vere Cotswold Water Park name over leaf is operated by De Vere Cotswold water Park limited whose registered office The Inspire, Hornbeam Park, Harrogate, HG2 8PA Company Registration Number 2025334.
- 1.2 All joining fees, subscriptions and other receipts shall become the property of the proprietor. On cancellation or termination of membership no refund will be made to the member or any part of the initial joining fee or monthly membership payments.
- 1.3 It is a condition of acceptance of membership that the member agrees to pay the initial subscription fee and agrees to be bound by the terms of these rule.

#### 2. Payment

- 2.1 The annual subscription fee must either be paid by the member in full on acceptance by the Proprietor of an application for membership or by twelve months equal instalments payable by direct debit to the Proprietor's bank from the member's bank.
- 2.2 The Proprietor reserves the right to specify or amend (where reasonably necessary) the method by which monthly fees shall be paid e.g. by bankers standing order or direct debit.

#### 3. Membership

- 3.1 The Proprietor reserves the right to reject within its reasonable discretion any application for membership of The Club. Applications may be rejected where for example the applicant owes money to the Proprietor, or has behaved in an unacceptable way on the Proprietor's premises.
- 3.2 Membership is personal to the member at the location for which the membership is granted and cannot be transferred. A member may not loan his/her membership card or permit to be used by anyone else. The Proprietor may assign the benefit of this agreement to any person, firm or company at any time upon giving at least 30 days prior written notice to the member.
- 3.3 The Club offers the following membership types:
- 3.3.1 Individual membership

Available to individuals of at least 16 years of age. An individual member is entitled to full use of all standard club facilities during opening hours.

3.3.2 Joint membership

Available to couples who live at the same address and who are both at least 16 years of age. Joint members are each entitled to full use of all standard club facilities during opening hours.

#### 4. Membership Duration

4.1 The minimum membership period is 12 months from the membership commencement date shown overleaf.

#### 5. Fees

5.1 The initial subscription fee and monthly membership fee set out overleaf shall be payable for each class of membership. The Club management shall give at least 30 days written notice of any changes to monthly charges.

#### 6. Admission

6.1 Every member shall be issued with a membership card. The members must produce or swipe the card on each visit to the club. Failure to do so will mean the member/members will not be allowed entry to The Club. A nominal charge of £10 will be made for lost membership cards to cover the proprietor's administration charges.

#### 7. Termination

- 7.1 The membership of any member may be terminated:a) By the Proprietor
- Without notice if a member commits a serious or repeated breach of The Club rules as set out in these terms and conditions.
- By notice in writing if any payment owing to The Club by the member remains unpaid 30 days after the due date for payment.
- Upon not less than 30 days' notice in writing if the Proprietor reasonably suspects that the member is causing undue upset or inconvenience to other Club members or the Proprietors staff.
- b) By the member
- 1. The member may terminate membership by giving at least 30 days prior written notice following the expiry of the initial twelve month period (see above) to The Club Manager. Membership fees will remain payable to the end of the notice period. It will be the member's responsibility to cancel any direct debits concerned.

#### 8. Guests

- 8.1 Members who introduce guests to The Club will be charged a £15 fee per guest which must be pre-booked.
  8.2 Guests must always be accompanied by the member introducing them who will then be responsible for their guests' actions whilst on The Club premises.
  8.3 No more than two guests may be introduced to The Club at any one time by the same member. Prior approval may be granted by the management to admit extra guests.
- 8.4 Guests with a valid guest pass will have the same membership privileges as the member accompanying them
- 8.5 The Club management may reasonably refuse entrance to The Club. The guest charges and admission hours may vary from time to time.

#### 9. Children

9.1 Children between the ages of 14 and 16 are permitted to use gym facilities on a guest pass where a parent or guardian who are members is present. The supervised ratio should not exceed two children to 1 adult. Leisure staff must be informed prior to a child (aged 14 to 16 years old) training to provide proper equipment induction in line with manufacturer's usage guidelines for children. Children can use the pool through a guest pass.

#### 10. Dress

- 10.1 Appropriate dress must be worn at all times within The Club. Trainers must be worn whilst using equipment within the gymnasium.
- 10.2 Suitable clothing to be worn at all times in all wet areas.

#### 11. Reservations

- 11.1 All reservations for services and/or programmes
  may be made by members up to one week in advance.
- 11.2 The management can refuse to rebook classes for a member who repeatedly cancels or fails to keep an appointment for services and/or programmes.

#### 12. Conduct of Members

- 12.1 Members and guests are expected to behave in an orderly and lawful manner at all times whilst in The Club. Any damage to The Club caused by a members' or guests' negligence or misconduct shall be paid for by the member or their guest.
- 12.2 No Alcohol or food can be brought by the members or guests into The Club and smoking is strictly forbidden.
- 12.3 Members and their guests are requested to shower prior to entering the pool, i, steam and sauna areas, and again upon leaving the steam and sauna areas before re-entering the pool.
- 12.4 Members or guests may not enter The Club under the influence of alcohol or mind altering drugs.

### 13. Disclaimer of Liability

- 13.1 Neither the proprietor nor any company within the De Vere Cotswold Water Park, or agents or employees of either shall be liable for any loss, damage or theft of personal property belonging to the member or any guest occurring on The Club premises except where the injury, death, loss, damage or theft is caused by negligence of the proprietor, its employees or agents.
- 13.2 Member's and/or guests are advised to undergo a medical examination prior to beginning a physical activity programme. Those with diabetes, heart disease, high or low blood pressure and pregnant women should consult their doctor to check if The Club facilities should not be used.

#### 14. Other

- 14.1 Members must notify in writing to The Club any changes to their name, address or bank details
- 14.2 The hours during which The Club is open for use by members may change from time to time or for bank holidays, cleaning or decorating. Where possible, at least 14 days prior notice to changes to opening times will be given to members, although shorter or no notice may be given in emergencies.
- 14.3 The Club management will use its reasonable endeavours to ensure that The Club's facilities are in working order and available for use by members when The Club is open, but there may be occasions when such facilities may either be out of order or not available for reasons beyond the reasonable control of the Proprietor. A member's entitlement to use The Club's



facilities is therefore limited to those facilities which are available for use at the time they wish to use The Club.

- 14.4 Any disputes or difference that may arise in regard to the interpretation of these rules shall be dealt with at the discretion of the proprietor.
- 14.5 The Proprietor reserves the right to vary, revoke, or add to these rules from time to time within its reasonable discretion and upon giving 30 days prior notice to members.
- 14.6 The failure of the Proprietor or a member to enforce any of its rights at any time for any period shall not be construed as a waiver of such rights.
- 14.7 Guests should bring their own towels with them. The Club will provide a towel they can hire at £1.50 per towel. These will need to be placed in the towel bin on their way out.

#### 15. Suspending Membership

- 15.1 if a member is unable to use The Club then they may suspend or "freeze" their membership for a nominal charge of £5.00 per person per month. At least 30 days prior written notice (which must expire on the last day of the month before the period of suspension begins) must be given to The Club manager. Club facilities may not be used by the member during this period of suspension.
- 15.2 A membership may be suspended for a minimum of one month and up to a maximum of 6 months in any two year period.
- 15.3 Membership suspension is not available to direct debit memberships.

#### 16. GDPR

16.1 To offer our customers the best possible level of service, we collect and store crucial pieces of personal information, so that we may identify how to tailor your experience.

In line with the EU's General Data Protection Regulation (GDPR), we at De Vere Cotswold Water Park will be processing your information using legitimate interests.

This essentially means we will provide you with reasonable and proportionate communications.

☐ Opt In



## Appendix 7 Pre Activity Health Questionnaire

Please answer the questions on this form honestly and return the completed questionnaire to a member of the leisure team who may direct you to consult a GP prior to access being granted to the fitness suite.

All completed forms will be held securely on file in compliance with the Data Protection Act.

Full Name:	1	Date of Birth:					
Address:							
Email:	-						
Have you ever been diagnosed with a health condition and advised only to do physical activity recommended by a Doctor? If Yes, please provide details:							
Have you been hospitalised recently within the past 12 months? If Yes, please Yes / No provide details:							
Are you currently taking any medication? If Yes, please provide details:  Yes / No							
Do you know of any reason why you should not do physical exercise? If Yes, Yes / No please explain what?							
Do you suffer, or have you ever suffered: (circle all that apply)							
Asthma Heart condition High blood pressure (heart condition) Low blood pressure (leastroke) Epilepsy	cerides tions						
Epilepsy  Are you pregnant? If so, how many weeks?  Yes / No							
require any assistance	f an evacuation, will you If Yes, Personal Emerger completed and attached	Yes / No					
I understand and confirm that if any of the above applies or becomes apparent at any time during my membership, it is my personal responsibility to seek advice from my GP. I understand The Company will not accept any responsibility whatsoever for any harm suffered by my undertaking, within the facility, that which is beyond personal capability.							
Name of Member:	Signat	ite:					

## Emergency Contact Details

Full Name	5.				elationship to ember:		
Email:			Telephone	e:			
<ul> <li>As a member of a Health Club, I understand that it is my responsibility:</li> <li>To understand and adhere to club rules, (a full list of the club rules are on display at the leisure reception) and respect the staff and other users.</li> <li>To ensure that I have read the "users guidelines" displayed next to the pools, sauna, steam or spa before using them.</li> <li>To ensure I have been inducted onto the gym equipment and understand how to use it before commencing exercise (induction appointments can be booked at the</li> <li>leisure reception).</li> <li>To ensure all guests that are signed into the club adhere to the club rules and have paid the relevant fee for entry.</li> <li>Under 16's must be under direct supervision at all times.</li> </ul>							
Name of Member: Signature:							
Date: Office Use Only:							
Circle: Welcome hamper (joining fee)   Member card   Welcome letter							
Gym indu	ym induction date & time: with:						

Name of Staff Member:

Signature:

Date:



### Leisure Club Rules

- The Club has the right to refuse entry to the leisure facilities for any person in the interests of safety for all users and staff;
- Persons who may have recently consumed food or alcohol must not use the facilities if it is likely to affect their ability to swim or undertake exercise;
- Food or alcohol must not be brought onto the leisure facility;
- All users must observe and adhere to safety instructions and notices displayed throughout the facility;
- No person will be permitted to use the facilities unless they have signed in;
- Leisure staff and/or management reserve the right to ask a user or group of users to leave the facilities based on inappropriate conduct, breaching local rules or acting in such a way that they could cause injury to themselves or others;
- Users must report if they become unwell whilst using the facilities, this includes any occurrences of sickness or diarrhoea, especially if this takes place whilst using the swimming pool, spa or other water facilities;
- Lockers must be used to secure personal possessions; no liability can be taken for belongings that are left;
- Be aware that this facility is not permanently supervised;
- Users must not attempt to gain access to leisure facilities outside of the advertised operational hours, or at times where facilities are out of order or closed for cleaning/maintenance.

### **Swimming Pool & Spa facilities**

- Children under the age of 16 are not able to receive therapeutic treatments, including massage, exfoliations, hair tinting, etc.;
- Children under the age of 14 are not permitted to receive beauty treatments.
- Children who are 14 or over are able to receive Manicures, Pedicures, and non-invasive treatments when accompanied by a parent or guardian, as assessed by the Manager of the Facility;
- All swimming pool users must take responsibility for their own safety and conduct. This includes swimming within their capabilities (i.e. weak or nonswimmers), users with medical conditions and users who may require assistance;
- Lone swimming is discouraged, please alert a member of staff if you wish to use the facilities and the swimming pool is not occupied;
- All users must shower prior to entering the swimming pool, spa or other water facilities:
- No running on poolside or within other wet areas;
- No diving;
- No inflatable's, balls/toys, flippers or snorkels to be used during open use pool times;



### COTSWOLD WATER PARK

- Children between the ages of 14 and 16 are permitted to use gym facilities where a parent or guardian is present. The supervised ratio should not exceed two children to 1 adult.
- Leisure staff must be informed prior to a child (aged 14 to 16 years old) training to provide proper equipment induction in line with manufacturer's usage guidelines for children.